

Breakfast

Bacon & Egg Roll\$8.50

Served with your choice of Smokey Bourbon BBQ, or Tomato Sauce, Tomato Relish or Mayonnaise

Add Cheese\$1.00

The Trojan\$11.00

Bacon, eggs, cheese and grilled onions in a grilled bun served with your choice of Smokey Bourbon BBQ, or Tomato Sauce, Tomato Relish or Mayonnaise

Available as **BLUE kitchens Workers special** until 11.00AM with a medium coffee / shake or can of soda\$12.00

The Crunchy Granola Suite\$15.00

BLUE kitchens house made fat free Granola with fresh fruits and yoghurt

Breakfast Burrito\$15.50

Grilled potatoes, scrambled eggs, cheese, avocado & tomato salsa, pinto beans, bacon & **BLUE kitchens** Medium Chilli Sauce

Breakfast on Bread\$8.00

Fresh Toasted Multigrain, Wholemeal or White Bread with your choice of Honey, Jam, Vegemite or Peanut Butter. 2 Slices

Fruit Toast\$8.00

Two slices toasted with butter

French Toasts

Savoury French Toast\$15.00
with Fresh Herbs and Cheese

Sweet French Toast\$16.50
with Vanilla Yoghurt and seasonal Fruits

Toasted Sandwiches

Double Cheese\$9.00

Double Cheese & Tomato\$9.50

Leg Ham & Cheese\$10.00

Leg Ham Tomato & Cheese\$11.00

Chicken, Cheese & Avocado\$12.00

Add Cheese\$1.00

Add Bacon\$2.00

Add Tomato\$1.00

Add Chicken\$2.00

Add Avocado\$1.50

Add off the bone Leg Ham\$2.50

Please Note:

All **Blue Kitchen** toast and sandwiches are available on White, Multi Grain, OR

Gluten Free Breadadditional \$1.00

B.L.T\$14.00

Bacon, lettuce and tomato on toasted Turkish with **Blue Kitchen** House made Mayonnaise

B.L.A.T\$15.00

Bacon, lettuce, avocado and tomato

B.L.O.A.T\$15.50

with addition of finely sliced red onion

B.E.L.T\$15.00

Bacon, fried egg, lettuce and tomato

**Good Food takes Time!
So sit back relax and enjoy**

Breakfast

Eggy Breakfasts

Free Range Farm Fresh Eggs \$12.00

Fried, Poached or Scrambled served on buttered toast

Add Bacon, Leg Ham or Chipolata Sausages (2) \$4.50 each

Add Tomatoes, Mushrooms, Avocado, Wilted Spinach, \$3.50 each

Grilled Pumpkin, House made Baked Beans
or House made Hash Browns

The Big Blue Breakfast

..... \$26.00

with everything!!

Arf a Daily

..... \$18.00

Half a Big Breakfast (Still a decent feed)

Please Note: All **Blue Kitchen** breakfasts are available with
white / multigrain / sourdough white / sourdough multigrain Bread.

Turkish and Gluten free \$1.00 extra

Eggs Benedict

..... \$18.00

Poached Eggs with leg ham off the bone and sauce Hollandaise
on a toasted Panini

Eggs Florentine

..... \$18.00

Poached Eggs with wilted baby spinach and sauce Hollandaise
on a toasted Panini

Eggs Atlantis

..... \$18.00

Poached Eggs with smoked salmon and sauce Hollandaise
on a toasted Panini

BLUE kitchen uses only farm fresh free range eggs

BLUE kitchen Sauce Hollandaise is made fresh to order
so allow for a little extra time

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Blue Kitchen Burgers

Blue Kitchens burgers are made with 100% prime beef mince. No Bread or bread crumbs were harmed or used in the making of our Beef Patties.

Elvis\$26.00

Excessive and Impressive. A hunk a hunk of classic lunch and the biggest burger in town. Double beef, double bacon, double cheese, double egg, beetroot, pineapple, tomato, cucumber, lettuce, hash brown and grilled onions with tomato relish and smoky bourbon BBQ sauce.

Bon Scott\$12.50

Basic, brash and tasty. **Blue Kitchens** beef patty, lettuce, tomato, cheese and onions served with tomato relish on a toasted bun.

John Lennon\$16.50

The pure genius of a perfectly composed and constructed burger. A succulent beef patty, bacon, egg, tomato, lettuce, cucumber, cheese, grilled onions, tomato relish and chipotle mayonnaise.

George Harrison\$16.50

The quiet mysticism of the beautiful Beatle and his dedication to the vegetarian lifestyle. Built around **Blue Kitchens** vegetable fritter with lettuce, tomatoes, cheese, carrot, beetroot and tomato relish.

Jimi Hendrix\$16.50

All the flair and flamboyance of the psychedelic master featuring Double Bacon, Double Cheese Lettuce, Tomato and a beef patty with grilled onions and **Blue Kitchens** remoulade sauce on a toasted bun.

Buddy Holly\$16.50

Chickens can't fly! And neither could the great Buddy Holly. Spicy harissa chicken breast, bacon, lettuce, tomato, cheese, pineapple, cucumber and onions with tomato relish and chipotle mayonnaise.

Johnny Cash\$16.50

With total reverence for the oft quoted burning ring of fire, this one's for those who like to heat it up with a little spice in their life. **Blue Kitchens** legendary chilli con carne burger. Served with refried beans, grilled onions, lettuce, tomatoes, cheese and chipotle mayonnaise. Available with **Blue Kitchens** own Mild, Medium or Hot Chilli sauce

Ray Charles\$16.50

True to Brother Ray's Southern roots this burger features enough zing to make you sing. Featuring fried Southern style chicken with fresh coleslaw, tomatoes, cheese and **Blue Kitchens** house made mayonnaise

Frank Zappa\$15.00

Frank was alternative and completely original, and so too is his namesake burger. Double bacon, egg, cheese, onions, beetroot lettuce and tomatoes with tomato mayonnaise.

All of **Blue Kitchens** Burgers are available with Gluten Free\$1.00 extra

Lunch

From The Cold Case

Selection of fresh house made gourmet savoury items including

Quiche

Sausage Rolls

Tuna patties

Pies

Spanakopita

Assorted Salads

Salads

A Side of Salad \$4.50

Two Sides of Salad \$8.00

Small side salad \$10.50

served with Breast of chicken or Corned Beef

Sweet Nibbles

Muffins: Fresh baked daily

Daily assortment of sweets include Fruit and Nut Panforte,

Gluten Free Salted Caramel Chocolate Brownie (GF),

Toffee Almond shortbread, Amoretti, Anzacs

Assorted House Made Cakes

Good Food takes Time! So sit back, relax and enjoy

Drinks & Beverages

Coffees

Serving Organic Bun Coffee

Small 8oz	\$3.70
Medium 12oz	\$4.70
Large 16oz	\$5.50
Black / Espresso	\$3.50
Machiato / Picalo	\$3.50
Decaf / Extra Shot	50¢
Flavour Syrups	50¢
Mocha Coffees	50¢
Soy/Almond/Coconut	50¢

Black Teas

serving organic Leaf Teas

Organic English Breakfast
Organic Earl Grey Blue

Herbal Teas

serving organic Leaf Teas

Calming Camomile
Lemongrass & Ginger
Zesty Mint
Rooibos
Massai Chai
Rose & Hibiscus

Chai Latte

(Spicy/Vanilla) Caffeinated Organic
Black Tea Made with Cow's Milk

Small	\$3.70
Medium	\$4.70
Large	\$5.50

Tumeric Latte

Our House blend of spices steamed
on Almond Milk with a hint of Honey
(GF/DF)

Small	\$3.70
Medium	\$4.70
Large	\$5.50

Pot of Massai Chai Latte

A pot of decaffeinated rooibos
chai tea latte made on steamed milk
of your choice.

Soft Drinks as Priced in
Drinks Fridge at Shop Front
Cold glasses and ice available

Cold Drinks

Iced Coffee / Chocolate	\$5.50
Herbal Iced Tea	\$5.00

Frappes

Chocolate / Caramel / Chai / Coffee /
Strawberry / Lime & Coconut / Vanilla

Smoothies

Tropical Tango

a blend of fresh tangy passionfruit,
pineapple & coconut

Berry Blast

seasonal berries, juice & almond milk

Banana Rama

traditional banana, icecream or
Yoghurt, spices, honey & milk

Customer selection

smoothies available, just ask!!

Fresh Juices Made to Order

Small 16oz	\$7.50
Large 22oz	\$9.00

Select 4 of the following fresh fruit
and vegetables:

Apple, Orange, Pineapple, Watermelon,
Pear, Mint, Ginger, Carrot, Cucumber,
Beet, Parsley, Spinach, Celery.

Additional items 50¢ each

Classic Milk Shakes

Kids size	\$5.00
Large	\$6.00

Chocolate / Caramel / Banana /
Butterscotch / Strawberry / Vanilla

Malted Milk Shakes

Large	\$6.50
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Classic Thick Shakes

Kids size	\$6.00
Large	\$7.00

Ziggy Stardust

Icecream Spiders

from Mars \$6.50